

# Emergency Kit



## 72 HR CHECKLIST

### BASICS

- Water – two liters of water per person per day (include small bottles).
- Food that won't spoil. Such as canned food, energy bars, and dried foods (replace once a year).
- Wind up or batter powered flashlight (and extra batteries).
- First aid kit
- Extra keys for car and house
- Cash in small bits. Such as \$5 and \$10 bills and change.
- Important family documents such as identification, insurance, and bank records.
- A copy of your emergency plan and contact information.
- If applicable, other medications, infant formula, equipment for those with disabilities, food; water; medications for your pets or service animal (personalize according to your needs).

### VEHICLE KIT

- Blanket.
- Candle in a deep can and matches.
- Extra clothing and shoes.
- First aid kit with seatbelt cutter.
- Flashlight (crank or battery powered) replace batteries once a year.
- Food that won't spoil.
- List of contact numbers.
- Radio (crank or battery powered) replace batteries once a year.
- Small shovel, scrapper, snow brush.
- Warning light.
- Water.
- Whistle.

